

Long Whatton News

JULY 2022



Featured on the cover is Manor Farm farmhouse, a wonderful enigma of a house which we try to unravel in this month's magazine.

This issue is also all about bats.

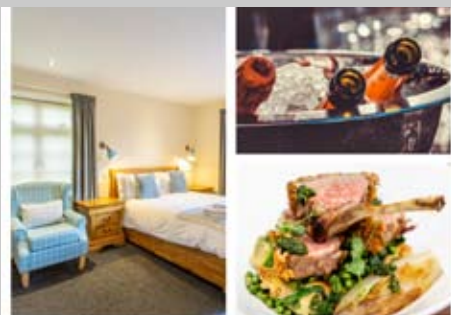
You'll soon know lots more about them and inside is the opportunity to go and find them.

Welcome to the July issue of the Long Whatton News.

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FRIDAY DATE NIGHT

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Sunday Pie Night Is Back!
Served In The Garden Room



EDITORS NOTES

Of all the events that we advertise or report on in this magazine one of the most fascinating must be the Bat Walk that takes place in the churchyard on 27th July at 8.30pm complete with bat detectors.

As it happens, bat detectors are actually a thing. Bats hunt for insects at night, using a high frequency system called echolocation. Bat calls are usually pitched at too high a frequency for humans to hear naturally - but they can be heard or recorded using bat detectors. It will be an intriguing evening!

HAPPY 90TH BIRTHDAY!

We would like to wish Jane Scholtz a very happy 90th birthday.

Thank you for all the love and support you have given us all.

Lots of love from Penny, Aldo, Abigail and Maya de Kock.

VILLAGE COFFEE MORNINGS

The Falcon Inn

The next coffee morning will be held on the Monday 11th July 2022 at 10:30am till 12 o'clock at The Falcon Inn.

All Saints Church

We are excited to announce that coffee mornings at the church will be starting up in July 2022. This is open to all villagers as well. The All Saints coffee mornings will take place on a Saturday so those working during the week can attend.

Everyone is welcome. If you are new to the village this is a wonderful way to meet new people and to hear all the history of Long Whatton and life stories of those that live here.

If you would like more information or need a lift to The Falcon Inn, please contact Jane Scholtz 07393 349009 or 01509 842736 or Penny de Kock on 07393 407896

Or you are just welcome to join us on the day.

THE LONG WHATTON NEWS

The Long Whatton News is produced twelve times a year and is delivered free of charge to every home in the village every month.

We aim to distribute each months magazine around the 1st of each month.

It is produced by volunteers and depends entirely on voluntary contributions, advertising revenue and fund raising events.

The online version can be found on: www.longwhattonnews.co.uk

WE WANT YOUR NEWS

We would like to hear from you about your club, event or absolutely anything news-worthy about the village and its people.

Text us, WhatsApp us or email us longwhattonnews@gmail.com

THE TEAM

Penny de Kock 07393 407896

Neil Bamford 07921 855607

COPY DEADLINE

The copy deadline for articles for the August issue is 18th July.



WHATTON

Dates for your Diary 2022

Due to popular demand we are putting on a number of regular events at Whatton which we really hope will be enjoyed by all:

Cream Teas at Whatton House

Sunday 10 July
Sunday 7 August
Sunday 2 October
12pm-4pm

Served in our Old Dining Room you will be treated to exceptional quality food, tea and coffee or something stronger

"Friday Feeling" at Whatton House

Friday 29 July
Friday 26 August
Friday 30 September
5-8pm

NEW to Whatton! Come and join us in The Courtyard to unwind ready for your weekend. A variety of food will be available to purchase and of course a bar or two!

Don's Kitchen at Whatton House

Sunday 7 July
Sunday 21 August
Sunday 18 September
12pm-3pm

Don's Kitchen will be on the grills cooking up quality produce supplied by Tori and Ben's family-run farm in Melbourne, just down the road! (Vegan option available).

HALLOWEEN HORROR TRAIL

Selected dates throughout October

CHRISTMAS TRAIL

Selected dates throughout December

THE GARDENS WILL BE CLOSED ON SUNDAY 28 AUGUST

For booking enquiries and further information please contact:
hello@whattonhouse.co.uk or visit our website.

BATS: *The Common and Soprano Pipistrelles*

The UK is home to 18 species of bat, the most common of which are Pipistrelles. They are also the most widespread and the bats you are most likely to see during your dusk stroll.

There are two very similar species, the common Pipistrelle and Soprano Pipistrelle and the easiest way to tell them apart is by the frequency of their echolocation calls.

In flight all bats are incredibly fast and jerky as they dodge about pursuing small insects which they eat as they fly. A single Pipistrelle can consume up to 3000 small insects in one night – mostly small, midges and mosquitos.

Both species roost in crevices around the outside of often newer buildings, such as behind hanging tiles, soffit and barge or eaves boarding, between roofing felt and roof tiles or in cavity walls.

Pipistrelles also roost in tree holes and crevices, and bat boxes. Summer roosts support smaller colonies than Soprano Pipistrelles, with numbers averaging around 75 bats. Common Pipistrelle maternity colonies are more likely to move between roost sites than those of Soprano Pipistrelles.

In winter common Pipistrelles are found singly or in small numbers in crevices of buildings and trees, and also in bat boxes – relatively exposed locations and rarely underground.

During the summer, females form maternity colonies where they give birth to a just one young in June or early July. For three or

four weeks the young are fed solely on their mother's milk. After about four weeks the young are able to fly and at six weeks they are able to forage for themselves.

Male bats usually roost singly or in small groups through the summer months. During the main mating period from July to early September, males defend individual territories as mating roosts, attracting females by making repeated 'songflights' around their roost and singing social calls.

The echolocation sounds produced by common Pipistrelles are above the range of human hearing with the exception of social calls that may be heard by children and adults with good hearing. With a bat detector (known as a heterodyne) the echolocation calls

can be picked up between about 45 and 70kHz. The calls sound like a series of clicks towards the top of this range, turning into 'wetter'



Common Pipistrelle in flight

slaps with the deepest sounding slap being heard at about 45kHz, the peak intensity of the call.

The common Pipistrelle is widely distributed across the UK and its distribution appears to extend further north than that of soprano Pipistrelle.

Populations have declined dramatically in

the last few decades. This is at least partly as a result of modern agricultural practices, although common Pipistrelle populations are showing signs of recovery in recent years.

- Bats are the only true flying mammals in the world.
- Bats are more closely related to humans than they are to mice.
- The majority of the world's bats eat insects – just like British bats. In the tropics bats also eat fruit, flowers, frogs, fish, blood, even other bats.
- Bats can live for up to 30 years

PLATINUM JUBILEE CELEBRATIONS: *The Big Jubilee lunch at Whatton House*

The gardens were prepped the entertainment was booked, hospitality in place and all was set to be a fantastic village event with over 700 signed up to join in the fun. But the Great British Weather had other ideas and down came the rain. And yet more rain. The team at Whatton ably assisted by some amazing village volunteers, worked hard to ensure some shelter for those brave enough to make the trip. Gazebo's kindly leant by the Village Association we put up and the band played on despite the rain in true British style!

For those who attended despite the weather there was plenty to enjoy with a live folk band and bar in our courtyard, to a circus workshop, a bubbleologist and Royal Forest School in the gardens. Thank you to all of those who joined us despite the weather, we hope you enjoyed your day and manage to make the most of the

entertainment

On sale on the day were mugs and bags printed especially for the Jubilee. Profits went to our three charities: PASIC - supporting families with children suffering from Cancer, the Village Association and the Cricket Club.

These are still for sale and can be purchased at the village shop, the farm shop and at the cricket club. The logos on the bags and mugs were designed by the children at Long Whatton School



and are a truly unique memento of the event whether you managed to attend or not. Such great causes need our support so please do take a look and pick one up if you can.

We were lucky enough to have some generous sponsors and supporters on the day, without whom the event would have been a great deal harder to run. Huge thanks to: Fred Sherwood Group, Harlow Bros., Long Whatton and Diseworth Parish Council, Volunteers from Long Whatton Village, Long Whatton Community Association and Whatton House,



and also The Falcon Inn.

All in all despite the weather just over half those signed up managed to make the trip, we are already planning the next village event and will aim to do a better job of booking the sunshine and doubling up on numbers!

Once again thank you all for your involvement, enthusiasm and support.

Whatton House



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KNIT AND NATTER *fundraising success*

The Knit and Natter group would like to thank everyone who supported them at the Jubilee tea party and for being so generous with their contributions. The event raised £213.00 for the Air Ambulance charity which included donations at the tea party and the sale of knitted jubilee wreaths and bunting. They have also raised £155.00 for the



Ukraine appeal through sales of our knitted Ukrainian flag lapel badges.

Their next project is the Commonwealth games in Birmingham at the end of July so look out for the mascot Perry the Bull on top of the postbox and colourful bunting throughout the village.

NEW DRIVEWAY ACCESS *works underway*

A row of houses in the village that are set back from the road and have never had vehicular access to their driveways are about to have thier problem solved.

The houses, 46 to 58 Main Street, opposite The Square and next to the Falcon Inn have a small amount of parking opposite but only have access to their properties via the footpath.

Work has been underway for several weeks to build the access for vehicles and will soon be complete.

The planning notice appeared in December 2021 and the final amendments to the application show that as well as the new road access and footpath, the existing wall will be demolished and replaced with a knee high fence, the green area will be retained and reseeded where necessary. The existing roadside parking area will be retained.



WEEKLY TRANSPORT AGENDA

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Wednesday 27 July 8.30pm
An evening of BATS in the
churchyard - Bat
identification using bat
detectors

Learn more about the world of
bats in Long Whatton

Hot chocolate and
refreshments

For further details:

Viv -

07780 097997



WHATTON HOUSE GARDENS: *Taking cuttings by William Stanger*

A great deal of satisfaction and gratification can be gained by propagating your own plants. There can be tremendous excitement when an otherwise dead stick that was shoved into the ground starts to produce shoots. It can be surprisingly easy, simply healing in a bundle of sticks in the ground or placing cuttings in a jar of water, might be all it takes to produce more plants. Given the ease at which some things will root, taking your own cuttings can be a very economical way of increasing your own stock.

The main advantage of taking cuttings rather than sowing seed is that we can be sure that the cuttings will be an exact clone of the mother plant. Sowing seeds means that there are two parents (sexual reproduction) rather than one parent (asexual reproduction) so the seedling will share a mixture of the two

parents' genetics. Some plants are sterile so taking cuttings or grafting is the only means of propagation. Cuttings can also often result in new plants ready for the garden sooner than seed. But sowing seed will often result in greater numbers and initially does not take up



A prepared dahlia cutting

so much space on the kitchen windowsill.

Early summer when shrubs are producing new growth and flowering, can be a good time to take soft-tip cuttings. These roots the quickest

out of the three main growth stages. The other two are semi-ripe and hardwood cuttings. Softwood cuttings are taken from the plant in Spring and early Summer, before the new growth has begun to firm. They should be about 4-5cm (1.5-2in) long, with two or three pairs of leaves retained at the top. The bottom cut of the cutting should be made below a node or a pair

'Given the ease at which some things will root, taking your own cuttings can be a very economical way of increasing your stock.'

of leaves. The lower pair of leaves are removed to make it easier to insert the cuttings into the compost. There is some debate weather or not to remove the tip of the cutting. Some argue that it should be remove as it is vulnerable to both rotting and scorch. It also ensures that, once rooted, the cutting does not immediately grow upwards from the tip alone, and thus ensures a bushy plant from the start. At the moment I am experimenting with Philadelphus cuttings, to see if leaving the tip intact makes any difference.

With softwood cuttings, it is best to make a hole in the compost with a dibber or pencil, so the soft material can enter the compost with minimal resistance, thus reducing the risk of damage. Each cutting is inserted so the compost comes up to the first pair of



Philadelphus plants grown from cuttings taken last year.

leaves, and the compost is firmed down gently around each stem. They are then given a good watering.

On a small scale you can cut a lemonade bottle in half.

The bottom half is the pot and the top

the lid. Alternatively, a 9cm pot with a clear freezer bag over the top, secured with an elastic band will do. The aim here is to maintain high humidity around the cuttings to stop them wilting. On a larger scale a propagation unit with bottom heat is even better. Bottom heat at about 15oC will speed up rooting by creating a warm zone at the bottom of the plant. When the cuttings start to produce new shoots, it is a good sign they have rooted.

This is the main way we are propagating the Philadelphus collection. Some of the varieties are difficult to source and are not available in great quantities. So doing are own propagation is proving the best way to build up the numbers. It also means that any spares can be sold on to visitors, so they have the opportunity of growing something more unusual.

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GOOD TURN OUT *for All Stars and Dynamo cricket*

We have enjoyed welcoming twenty-five local 5-8 year-olds to our All Stars sessions and fifteen 8-11 year-olds for our Dynamos sessions on Tuesdays evenings at Long Whatton cricket ground. For many children this is their first experience of cricket, but it's also been great to see so many All Stars and Dynamos who came last year for the first time returning this year. And of course it's been lovely to see parents come along to help out, or have a social drink in the sunshine. If your child is interested but hasn't signed up yet it's not too late to contact us and come along for a taster session; All Stars and Dynamos will

continue until Tuesday 5th July, when we will be having a BBQ to celebrate the end of a successful programme of sessions.

First XI Fixtures:

02/07 Ansty and Glenfield (A)
09/07 Cropston (A)
16/07 Kirby muxloe (H)
23/07 Burbage and Stoke Golding (A)

Second XI Fixtures:

02/07 Asian sports CC 4th XI (H)
09/07 Hathern 2nd XI (H)
16/07 Young Muslim association 2nd XI (A)
23/07 Mahers CC 4th XI (H)
30/07 Hinckley Amateurs 3rd XI (A)

WORLD SUPERBIKES *Alex takes points haul from Misano*

Misano in Italy was host to round 4 of the World Superbike championship on 10th to 12th June.

Alex began the weekend well with a 4th place in qualifying, just 0.1 second behind his team mate, Jonathan Rea and 0.3 off pole position.

Dropping two places on the first lap in Saturday's race, Alex was bumped to 8th on the next and then began a race long battle with Locatelli as he recovered to 7th on lap 9, progressing steadily to 6th place on the 14th

and then immediately 5th, holding position for the remaining 6 laps to claim 11 points.

The first race on Sunday is a ten lap sprint race. Starting from 8th on the grid, Alex immediately passed Lecuona to gain a position but was bumped back to 8th on the next lap.

He was pushed back another place on lap 6 but recovered it straight away and held it to cross the line in a safe 8th, just 0.6 seconds behind Bassani.

Dropping to 9th place for the first two laps of the last race of the weekend, Alex



Absolute focus during qualifying at Misano

recovered to 8th before capitalising on Vierge's demise on lap 12 to jump to 6th. Bassani and Alex continued to swap places with Locatelli in the mix. Alex had grabbed 6th by the penultimate lap only to be passed by Locatelli and Bassani pushing him back to 8th for the flag.

Taking a total of 21 points from Misano pushes Alex up to 7th place in the championship standings.

The next round is at Donington Park from 15th to 17th July and for once Alex won't have far to go to work.

Ladies - still feeling young at heart?

Maybe niggling aches and pains are stopping you from moving as well as you used to?

Maybe you've been told you should 'strengthen your core' because you have back pain?

Do you want to feel stronger, more flexible, taller and looser?

Perhaps you are looking to get back into exercise, but are not quite sure where to start?

Would you like to be part of a fun and supportive community helping you to achieve your movement goals?

Cara Tatterton
Pilates



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- You'll be shown Pilates based exercises to help you move better (to reduce those niggly aches and pains)
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"I feel stronger and straighter... and I think if you can stand tall and walk tall it makes you feel much better. Makes you feel stronger. Makes you feel more confident... and that's part of what Pilates does." - Pam

To claim your FREE class text 'YES Free Class' to 07921 040 707 or email cara@caratattertonpilates.co.uk - Find us on social media  

WOBBLE, WOBBLE, JELLY ON A PLATE

Once jelly was among the nations favourite puddings. Served with ice-cream or in a rabbit shaped mould, it would have delighted children at parties.

Jelly has been eaten since Egyptian times and is mentioned in early recipe books. In the 19th Century, mass production began and Rowntree's started to make jelly in 1923. By the early 1990s UK sales hit £37M a year.

But, it seems since then, Britain's love of jelly has gone decidedly wobbly. Sales have plummeted and some family pub chains have pulled the dessert from its menus

It's thought that in the Middle Ages it was found that if a cows hoof was boiled up the congealed residue gelatin, could be used to preserve food.

During the eighteenth century, the use of gelatin as a pudding 'jelly' became increasingly popular with dishes being coloured with saffron, cochineal and spinach and flavoured with sugar, lemon juice and mixed spices. This preparation was called jelly; English cookery writer Hannah Glasse was the first to record the use of this jelly in her book *The Art of Cookery*, first published in 1747.

Rhubarb and Ginger Beer Jellies:

What you need

- 450g fresh rhubarb (alternatively used some tinned rhubarb)
- 550ml of ginger beer
- 50g golden caster sugar
- heaped teaspoon freshly grated ginger
- 135 g pack of orange jelly
- 200ml creme fraiche

What you do

- Chop the rhubarb, wash it in cold water, put it in a pan with the sugar and grated ginger over a lowish heat and cook until the rhubarb is cooked, about 10-15 mins. If using tinned rhubarb, open the tin
- Break the orange jelly into cubes and put in a

microwaveable jug add 3 tablespoons of water and microwave on full power for 1 minute or until dissolved. Top up to 510ml with the ginger beer.

- Next add the cooked or the drained tinned rhubarb and pour the mixture into 6 x 200 ml glasses.
- Allow to cool, then cover with cling film and transfer to the fridge to set.
- To serve each jelly can be topped with the crème fraiche

If you have any ideas for 'Themed Recipes' you'd like to see or if you have any queries or comments email alanc9989@gmail.com

LONG WHATTON NEWS *Advertising rates*

6 months per month

Full page £18

Half page £12

Quarter page £7

One off per month

Full page £22

Half page £14

Quarter page £8

Advert sizes:

Full page bleed 148mm wide x 210mm deep plus 3mm bleed on all sides

Full page standard

132mm wide x 194mm deep

Half page 132mm wide x 94mm deep

Quarter page 63mm wide x 94mm deep.

These prices are based on print ready artwork supplied. We can accept jpeg, EPS and TIFF formats although PDF is the preferred format, in CMYK

Design: We can provide a design service for your artwork, if required. Prices subject to sight.

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Illustrations by Julian Beresford and © The Reading Agency 2022

PLATINUM JUBILEE TOTE BAG PRESENTATION

A presentation of tote bags using artwork by Long Whatton Primary School children was made to as part of the Platinum Jubilee

celebrations. Mugs and cotton tote bags using artwork drawn by two of the school pupils, James Bradshaw and Paige Fearn, were



available to buy at the Jubilee picnic held in the gardens of Whatton House. Every child at the school was given one of these bags as a keep sake of the Platinum Jubilee.

The presentation was made at the school to the Head Teacher Sara Gray, by the sponsors and organisers of the picnic. Photographed are Clare Bradley representing Whatton House, Alan and Sheila Sherwood of Fred Sherwood Transport, Penny de Kock of the Parish Council and Vivienne Matravers from Long Whatton Community Association.

Harlow Bros also sponsored the event.

HAYMAKING (IN THE 1930'S) *A poem by David Griffiths*

It's going to rain,
I feel it in the wind
This bright light's false
It's sure to rain come the night.
The hay's not ready yet.
Still sappy green.
If we should stack it now
The rick would heat
And we'd be rushing round it
Making holes
To let out steam
And so avoid a fire
Have half the Valley
Laughing up their sleeves.

Better have patience
Fork it into cocks
So that it will not spoil.
Tomorrow then,

Or, in a day or two,
We'll spread it out
And hopefully
The sun and wind
Will cure it into hay.

We work together
Sun and wind and rain
The fundamentals
Of a farmer's life.

*The Long Whatton News would like to
hear from you about your club or event
or anything news-worthy about the
village. Email us at*

LONGWHATTONNEWS@GMAIL.COM



WHATTON

Garden Opening Times

24 APRIL - 1 OCTOBER 2022

Monday	10AM - 4PM
Tuesday	CLOSED
Wednesday	10AM - 4PM
Thursday	CLOSED
Friday	10AM - 4PM
Saturday	CLOSED
Sunday	10AM - 4PM

GARDEN ENTRY £5

Children under 8 years free of charge

We have an honesty box system in place, please bring the correct money to avoid handling change.

HH members please post pre-written member numbers into the honesty box rather than writing them in the book on arrival.

WHATTON HOUSE IS NOT A MEMBER OF THE RHS.

Check website for any additional events/closures added through the summer

hello@whattonhouse.co.uk
01509 431193

SUPPORT IMMUNITY *Health by Liz Jarrom*

Human beings have been living and evolving on this planet in excess of 4.5 million years. But it's only in the last hundred years, that we have been exposed to an explosion of new pollutants, artificial lights, noises, and hundreds of personal care products, and items in the home that are bursting with potent chemicals previously unknown to human beings. Many of these have the potential to set off a variety of undesirable responses in our immune system. As our outside environment has changed drastically over this time, and becoming unbalanced, so has our immune system.

Fortunately, the immune system can be helped to adapt to these changes, by nurturing it with the natural world, both inside and out. We can do a lot by eating a diet rich in natural foods including fruits, vegetables and salads. This helps to strengthen the immune system, especially at the barriers where it meets the outside world, for example the skin, mucus membranes and lungs. Apart from this, we can do much more by getting outdoors as often as possible, especially into the natural environment.

Shocking research has revealed that by the time the average person reaches the age of eighty, they will have spent seventy-two years of it indoors! Despite the fact that humans have largely become an indoor species, most of us still crave being outside in nature. This urge is known as biophilia hypothesis, and many research studies clearly show that exposure to nature is not only good for us, but absolutely essential. Being in natural environments decreases stress, by lowering levels of cortisol.

Just 30 minutes a week of being in nature reduces, blood pressure, and 90 minutes of

walking in a natural environment, compared to a walk in an urban area, reduced feelings of sadness, anxiety and other negative emotions.

Other benefits come from breathing in healing chemicals called phytoncides, which are released by trees and plants. They help us, by improving the virus and cancer fighting cells of the immune system. Every natural environment has its own distinct microbiome, and exposure to different ones, enriches our own microbes.

Besides walking in nature, these benefits can be obtained in other ways such as gardening. Physical contact with the plants, and the soil, exposes our bodies to many diverse microbes, which helps to nurture our immune system. Even having plants in our

homes brings similar benefits. There are some studies that conclude that house plants improve air quality inside the home and office.

- With help from the natural environment and bringing the outdoors in.

These benefits are only small, but are a step in the right direction. A more significant benefit is that caring for plants indoors, brings about a sense of wellbeing and improves mood.

Studies have shown that by giving a houseplant to a care home resident, to care for themselves, improved the sense of purpose of that person. These residents were also twice as likely to still be alive after the 18 month study period concluded, than residents that didn't receive a plant to care for. Plants have a calming and anxiety reducing effect, and help to improve mood.

Summer is here, the sun has just come out, and there is some weeding and watering to do! So, while I am doing that, I can look at all the beautiful flowers, and give myself a boost, both mentally and physically, and there is salad to pick for our tea.



The Garden is OPEN!



serving street food from the
brand new food truck on
Friday, Saturday and Sunday

(weather dependant)



THE FALCON
VILLAGE INN with ROOMS

01509 842416

www.falconlongwhatton.co.uk