Long Phatton

MARCH 2022



 \overline{Second} winter followed fools spring in the middle of February as we were bombarded by storms Dudley, Eunice and Franklin, but that didn't stop the Knit and Natter Group

optimistically displaying Bo Peep in spring before she lost her sheep, on top of the Main Street letterbox.

Welcome to the March edition of the Village News.

YOUR FREE VILLAGE MAGAZINE







New Main Menu Now Being Served

Lunchtime Set Menu Monday - Saturday

Traditional Sunday Lunch



Our New Garden Room Is Available For Private Hire Functions And Business Meetings

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EDITORS NOTES

On page five we have an article about the pollinators - all the birds, insects and animals that make it possble for our food to grow.

We would love you to help our beleaguered pollinators by growing a wildflower patch, however big or small.

To help you, we are giving away sheets of paper containing wildflower seeds. Text Neil on 07921 855607 or send us an email to longwhattonnews@gmail.com and we will drop some off.

A THANK YOU

David, Pat, Andrew and Joanne Griffiths wish to thank everyone for their calls, messages and prayers for David during his recent illness.

Your kindness is greatly appreciated and we are happy to say that David is now home and doing well.

DAY OF PRAYER

This year the Christian women of England,

Northern Ireland and Wales have prepared the service for the Women's World Day of Prayer. Everyone is welcome on the 4th March at 2:30pm.



The service is being held in All Saints Church, Long Whatton. Afterwards there will be refreshments.

Contact Nadine on 01509 646957

THE LONG WHATTON NEWS

The Long Whatton News is produced twelve times a year and is delivered free of charge to every home in the village every month.

We aim to distribute each months magazine around the 1st of each month.

It is produced by volunteers and depends entirely on voluntary contributions, advertising revenue and fund raising events.

The online version can be found on: www.longwhattonnews.co.uk

WE WANT YOUR NEWS

We would like to hear from you about your club, event or absolutely anything news-worthy about the village and its people.

Text us, WhatsApp us or email us longwhattonnews@gmail.com

THE TEAM

Penny de Kock 07393 407896 Neil Bamford 07921 855607

COPY DEADLINE

The copy deadline for articles for he April issue is 18th March.



POLLINATORS

We all know that bees are pollinators, but did you know that birds, bats, butterflies, moths, flies, beetles, wasps, small mammals are too? They visit flowers to drink nectar or feed off of pollen and

transport pollen grains as they move from spot to spot. They are responsible for bringing us one out of every three bites of food and sustain our ecosystems.

Pollinating animals travel from plant to plant carrying pollen on their

bodies in a vital interaction that allows the transfer of genetic material critical to the reproductive system of most flowering plants

When a pollen grain moves from

the male part of a flower to the female part, pollination happens. This is the first step in a process that produces seeds, fruits, and the next generation of plants. This can happen through self-pollination, wind and water pollination, or through the work of vectors that move pollen within the flower and from bloom to bloom.

Somewhere between 75% and 95% of all flowering plants

on the earth need help with pollination. Pollinators provide pollination services to over 180,000 different plant species and more than 1200 crops.

Pollinator populations are changing. Many are in decline and this decline is attributed most severely to a loss in feeding and nesting habitats. Pollution, the misuse of chemicals, disease, and

changes in climatic patterns are all contributing to shrinking and shifting pollinator populations.

Pollinators need help! Scientists and research partners that have been studying pollinators for over three decades

have been able to show that conservation techniques work.

Adding natural habitat areas into farm systems works. Farms that are closer to natural habitat produce more crop yield

because they attract more pollinators. Adding habitat to farms systems works too – farms that have turned a portion of their fields into green space have gained back more overall yield.

Home owners can help too! Home gardens can and do attract pollinators, and in many cases suburbs and cities have been shown to have more diverse pollinator communities than

nearby wildlands. Pollinators don't seem to be phased by city life, as long as there are plots and patches of flowers they will be visited by hungry bees.



The Long Whatton News has a supply of recycled paper sheets embeded with wildflower seeds to give away for planting.

Please get in touch with us to receive some, completely free, to create your own, small wildflower patch to help feed bees and all the other pollinators.



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KARATE: New classes

2022 has so far been a very exciting and busy time for the club. Numbers in our two karate sessions have continued to grow, with a number of new members joining us from around the local area.

Since the New Year we received a number of enquiries from women who were wishing to improve confidence, learn something new, and increase their fitness levels.

On 27th January we therefore introduced a Women's Self-Defence Class, which has been well attended and will now run weekly on Thursdays from 7:45 to 8:30pm.

If you are interested in joining this class and take advantage of our free trial offer, please get in touch.

On 13th February, Central Region Kata Squad selection and training took place in Peterborough for the first time since March 2020. Sensei Ben successfully demonstrated his skills and was again re-selected.

And there are more events to come. The international competition squads from England, Wales, Scotland and Northern Ireland will be coming together in the East Midlands to compete at the Grand Slam on 19th February in Grantham.

The following day is the first free Black and Brown Belt Course of the year. Our instructors and some of our students will be honing their skills under the expert instruction of former World Champions Sensei Billy Higgins (8th Dan Black Belt) and Sensei Frank Brennan (8th Dan Black Belt).

FOLK CLUB

The Tigerfolk Traditional Folk Club returns to The Falcon, Main Street, Long Whatton staring at 7.30 pm.

March 8th - Tyburn Road April 12th - Cohen Braithwaite-Kilcoyne Contact John 07982254298 We are hoping a number of our students will be successful in gaining their next belts at the grading opportunity at the end of March. We will be selecting those who are ready and refining their kihon (basics), kata (set pattern of moves) and kumite (sparring) techniques in readiness over the following weeks.

Interested in giving karate a try? Right now is the perfect time to take advantage of our free trial session offer to see if it is for you! We run a junior class (5 years and above) from 5:45pm and a second session from 6:45pm for our slightly older children and adults every Thursday in the Long Whatton school hall. From 7:45pm we now run our Women's Self-Defence class.

Get in touch via our Facebook Page @longwhatton karate, e-mail the club at longwhattonkarate@gmail.com, or contact the club secretary on 07714335598



Photo courtesy of the KUGB

RFFRFSH

The next coffee morning will be held on the 14th March 2022 at the Falcon Inn at 10:30am. All are welcome. If you are new to the village this is a wonderful way to meet new people and to hear all the history of Long Whatton and life stories of those that live here.

If you would like more information please contact Jane Scholtz 073 9334 9009 or 01509 842736 or Penny de Kock on 07393407896 or just join us on the day.



WEEKLY TRANSPORT AGENDA

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WEDNESDAY	HIRED
THURSDAY	LOUGHBOROUGH SHOPPERS
	DROP OFF POINTS TBC
FRIDAY	TESCO LOUGHBOROUGH
	FORTNIGHTLY
SHOPPING TRIPS ARE MORNING	FRIDAY DAY TRIPS TBC
PICK UP: TIMES VARY	

THE SERVICES WE OFFER ARE DOOR-TO-DOOR YOU WILL BE ASSISTED TO AND FROM YOUR HOME IF REQUIRED BY OUR PASSENGER ASSISTANT.

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ALL OUR STAFF HAVE A DBS CHECK

DON'T SIT AT HOME ALONE, JOIN US, WE WILL ASSIST YOU IF REQUIRED

WHATTON HOUSE GARDENS: Soil science in the rose garden

"We know more about the

The rose garden is proving to be problematic. The roses themselves are showing signs of replant disease. This refers to the problem of re-establishing plants in soil where the same species was grown previously. Roses are a case in point, but this can apply to other species. The soil was changed the last time the rose garden was replanted, but the evidence suggests it did not work. Examining the soil more closely suggests that it is hungry. It has received some manure in the past but not as generously as I would like. We could try a few

other things to amend the soil and thus help the roses.

It is possible in the future we will replant

the rose garden. But this will prove to be a large project, so for now we will try to work on the soil. Amazingly we know more about the surface of the moon than the soil under our feet. Far from being simply dirt, soil is full of life that we know little about. Soil is an ecosystem full of different life forms. These include archaea, bacteria, actinomycetes, fungi,

algae, protozoa, nematodes, earthworms, ants, insects... Some of the soil fauna break down waste material, such as leaves into new useable materials and food for other living things. Others are able to fix nitrogen and make it available to the plant. Some bacteria and fungi form symbiotic relationships with plants, greatly

increasing a plants access to more nutrients and water. Earthworms play a part in improving soil structure and aeration. Healthy soil plays an important role in locking carbon. In fact, scientists state that more carbon resides in soil than in the atmosphere and all plant life combined.

In short, if you want to look after your plants, you need to look after your soil. There is a growing movement in agriculture called regenerative farming. Many farmers across the world are waking up to the fact that conventional practices of soil management and the use of chemicals are not sustainable. The soil is becoming increasingly degraded and unable to support much life. Regenerative farming looks at restoring soil health,

sustainability, and negates the use of chemical fertilisers and pesticides. Much of this can be applied to gardens and is backed by scientific research.

Simply adding organic matter be it compost or manure,

will start to solve many soil issues. If it is sandy soil, organic matter will help improve water retention. Added to clay soil it will help with drainage. In every case it will add nutrients back to the soil and feed the soil ecosystem, which then makes nutrients available to the plants. This organic matter is simply applied as a 3-5in mulch. No digging involved. Over

recent years digging has become frowned upon. Digging upsets, the soil fauna, much like you would be upset if someone

turned your house upside down. It destroys the networks made by fungi, and provokes nature into action. Nature abhors bare soil, and will aspire to cover it up again with vegetation. Nature will bring the organic matter into the

Over recent years digging has become frowned upon.
Digging upsets the soil fauna, much like you would be upset if someone turned your house upside down."



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WHATTON HOUSE GARDENS: Continued

soil for you, there is no need to dig it in. If you want to learn more about 'No Dig', have a look at Charles Dowding's work.

In a garden context most of the time it is not necessary to introduce biostimulants and mycorrhizal fungi. They are normally already present. However, if you think your soil is in poor shape, applying mycorrhizal fungi to the roots of a new plant maybe beneficial. I am tempted to experiment with biostimulants in the rose garden, to give the roses every chance of recovery. Adding lime may be beneficial, it helps to open up the soil, improving drainage,

and calcium is needed by both soil fauna and the plants. We may use Caliente Mustard as a green manure. The mustard once fully grown, is cut up and forked into the soil. This releases gages that act as a biofumigant which will kill of harmful pests and increase the activity of beneficial soil microbes.

Good soil health is a major part of a healthy garden. In the coming years, as the soil is improved you will see a marked improvement in the garden's performance, and all being well a good display of roses.

By William Stanger

ALL SAINTS NEWS By Anne Matravers

Firstly, an explanation of the Sunday services around the benefice! On the first Sunday of every month there is a service in every church – ours is the inside/outside service. On the other Sundays there is a Benefice Communion service in one of the churches at 10.30am, at which everyone from all the churches is welcome. This service is also streamed on Facebook, Kegworth and Hathern Benefice. You do not need a Facebook account! For more information about the service and the order of service you will need please contact Ed Kennedy (07500 048622) our church warden.

March 6th 10.30 Inside/Outside Church, Long Whatton March 13th 10.30 Benefice service at Kegworth March 20th 10.30 Benefice service at Long Whatton March 27th 10.30 Benefice service at Osgathorpe All Saints Church AGM

Services for March

The AGM will be held in Church after the service on the 20th at 11.40. The meeting is open to all residents and is an opportunity to

learn what has happened during the year. I do hope many of you will be able to come. We look forward to welcoming you.

(anne.matravers@talktalk.net)

JUBILEE DECORATIONS

The knit and natter group are knitting bunting and wreaths for the Platinum Jubilee. They can make them in the jubilee colours which are purple and silver or the traditional colours of red, white and blue.

If you would like them to decorate your house, the group are selling them for £5.00. The proceeds will go to the air ambulance charity.

If anyone wants to order them they should call Lesley on 01509 506714



Long Whatton Ladies That Brunch

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EDUCATION IN THE VILLAGE through the centuries

Children's education began in the village as early as 1720 thanks to William Lane, a philanthropist, who placed property and a considerable amount of land in to a trust, after his death.

One of the purposes of the trust was to take a portion of the rents raised to provide £10 per year to pay for a free school in the village 'to assist the teaching of reading and writing to the children of Long Whatton'. In return the people of the village had to raise £10 per annum to pay a teachers salary.



Things went well until 1732, when the village stopped paying the teacher, thus ending free education here.

So the arrangement defaulted to Diseworth who embraced the charitable gift, paying a teacher and building a schoolroom and house for the teacher.

However, in 1847 the second Edward Dawson of Whatton House, a rebel rousing MP and great benefactor to the village commissioned and built a National School and residence.

Edward had forseen the coming of the 1870 Education Act, which was to ensure an education for children and had the school built at his own expense.

The new schools first headmaster was

Thomas King Taylor and his wife, Florence.

By the turn of the century the school had 160 pupils but at that time sickness was rife amongst the students and in a parallel to our own recent experiences the Medical Officer had to close the school from time to time to stop the spread. The common illnesses were measles, influenza, mumps, scarlet fever, whooping cough and occasionally the dreaded diptheria.

Still, the intake of new pupils increased and more teachers were employed.

Reading, writing and arithmatic were the staple but the school also taught poetry, singing, drawing and for the girls, handcrafts. Being a church school religious study was compulsory.

It was expected for the boys to be absent to help with haymaking in the summer months.

In 1894 the school got a new headmaster - Alfred

Hughes, together with his wife who became an assistant teacher. Mr Hughes served at the school for almost 30 years and was presented with a cheque for £20 on his retirement.

Nowadays Long Whatton Primary school has around 60 pupils.



A school photograph, probably taken in 1897

MY LITTLE LOVELOCKS

















Made to Order in Long Whatton







EVERYONE HAS A STORY Rev' Louise Corke

I'm writing this with the Winter Olympics in its early days. I find it compellingly addictive. There is amazing excellence, determination, encouragement, competition, collaboration and, just to keep us on the edge of our seats, jeopardy. Depending on when you read this, it's quite likely the Paralympics are happening. I hope you watch some of it. We are part of an amazing human race.

Most engaging of all, for me, are the human stories behind the headlines; they speak of the possibilities and the risks. Like Tyler Harding who broke all the ligaments in his ankle and needed to be able to put his foot firmly on a snowboard again in just two months to be able to compete in the qualifiers. Amazingly, with the help of his team, he managed to recover enough to compete, only to then test positive for covid and be unable to proceed. Or the current Jamaican four man bobsled team who take up their part in the growing story of Jamaica's unlikely, but ongoing, participation in winter sports.

Everyone has a story. You and I have a story too, and though it might not be of Olympic importance, it may nonetheless be impressive. We have experiences of endurance, courage, remembering or forgiving, overcoming, changing direction, selfless giving; stories of us at our best, and, frankly, us at our worst too. Hey ho, we are not perfect.

Returning to the Winter Olympics, of course there are not just the stories of individual athletes to tell, but the bigger stories to consider. China's politics and controversial practices have led to ten countries, including the UK, declaring a diplomatic boycott of the games; and athletes have had to work out how they fit into the overarching narrative of the Olympic protocol and the overarching narrative of their host country; what larger story do they want to be a part of? I too, as a sofa spectator, have to work out which stories I will choose to listen to or ignore, tell out loud

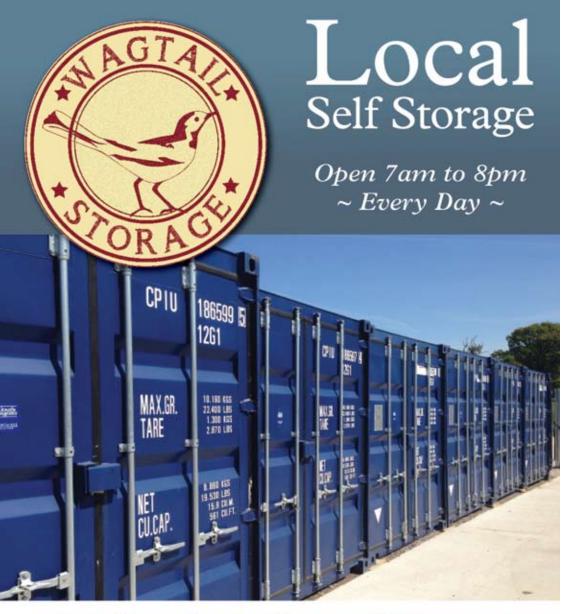
or keep silent over. The stories we tell and the stories we live by are so important.

For those of us with a Christian faith we ultimately locate ourselves in the vast narrative of the Christian story, which has God and an empty tomb at its centre. Ash Wednesday on 2nd March, and Lent in the 40 days that follow, will allow us to think again about the teachings and challenges of Jesus which get to the heart of God's story with us. You are welcome to join in. There will be daily reflections in Morning Prayer on the churches' facebook page and weekly lunchtime talks in person connecting us with the stories of some amazing charities. Details aren't available at the time of writing this, so check on https://www. facebook.com/KegworthHathernBenefice, or ask a church person near you!

PLAYGROUP

The last couple of weeks have seen the children exploring Chinese New Year and Valentines Day. We have had lots of fun in the craft area painting pictures for our loved ones and the tiger mini figures have proved popular in the small world play. The colder weather has also got us thinking about ice, how it is made and how it changes. The children have had great fun putting mini animal figures in water and freezing them over night and watching the ice melt again the following day.

With March just around the corner we are all looking forward to seeing some signs of spring. Maybe you can spot bunches of bright vellow daffodils or new born lambs at the local farm. We know all our children are keen explorers so we would love to see some photos of your spring walks. Don't forget to follow Long Whatton Playgroup on Facebook to see what we have been up to.



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ALEX LOWES Gets back to work

Alex completed his first test of the season at the end of January. A private test organized by Kawasaki Racing team at Jerez in southern Spain gave the Long Whatton resident his first chance to get back out on track. Alex described it as 'very much a technical test... ticking off new parts'

Two weeks later, on 8th and 9th February the team tested the same items at Portimao in the Algarve for a back-to-back comparison. Alex has some time off before the next test at Catalunya in Spain on 25th and 26th March.



THE SMALLEST LIBRARY IN LEICESTERSHIRE



Tucked away in Hathern on a corner opposite the Parish Church, sits Hathern Community Library.

There is no need to go all the way to Loughborough - it is open to all local villages on Tuesday and Thursday afternoons, Friday and Saturday mornings and also Wednesday mornings. It also host several clubs.

LONG WHATTON NEWS Advertising rates

Advert prices per month for a years subscription:

Full page £18

Half page £12

Quarter page &1 One-off adment/announ

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Half page £14

Quarter page £8

These prices are based on print ready artwork supplied. We can accept Jpeg, EPS and TIFF formats although PDF is the preferred format, in CMYK Advert sizes:

Full page bleed

148mm wide x 210mm deep plus

3mm bleed on all sides

Full page standard

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Design

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A FEAST FOR SAINT PATRICKS DAY

March 17th is St.Patricks Day so this month I thought I'd let you have a couple of Irish recipes.

Slow Cooker Irish Stew (serves 6)

What you need

200g Streaky bacon

900g Stewing lamb

Bunch of Thyme

3 Onions

5 Carrots

6 medium potatoes, cut into chunks

700ml Lamb stock

3 Bay leaves

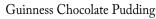
85g Barley

1 large Leek washed and cut into chunks What you do

Heat the oil in a frying pan. Sizzle the bacon until crisp, tip into the slow-cooker pot, then brown the chunks of lamb in the pan. Transfer to the slow-cooker pot along with the thyme, onions, carrots, potatoes, stock, bay leaves and enough water to cover the lamb. Cover and cook on Low for 7 hrs.

Stir in the pearl barley and leek, and cook on High for 1 hr more until the pearl barley is tender.

Stir in a small knob butter, season and serve



What you need

150g Unsalted butter

200g Dark chocolate (roughly chopped)

90g Golden caster sugar

3 Large eggs

90ml of Guinness

What you do

Butter four 9 x 5cm ramekins and set aside. Tip the butter, chocolate and a generous pinch of salt into a heatproof bowl. Set over a small pan of just-simmering water and stir until melted, then remove from the heat and leave to cool a little.

Put the sugar and eggs in a large mixing bowl and beat with an electric whisk until pale, almost doubled in volume and thick enough to leave a trail when the beaters are lifted up. Gently fold in the melted chocolate and the Guinness. Spoon the mixture into the ramekins, then chill in the fridge for 1 hr.

Heat oven to 200C/180C fan/gas 6 and put a baking tray on the top shelf to heat up.

Place the ramekins on the hot baking tray and bake for 18 mins. Remove from the oven and leave to stand for a minute, serve with a dollop of cream, if you like.







Garden Opening Times

2 MARCH - 3 APRIL 2022

Monday CLOSED

Tuesday CLOSED

Wednesday 10AM - 4PM

Thursday CLOSED

Friday 10AM - 4PM

Saturday 10AM - 4PM

Sunday 10AM - 4PM

GARDEN ENTRY £5

Children under 8 years free of charge

We have an honesty box system in place, please bring the correct money to avoid handling change.

HH members please post pre-written member numbers into the honesty box rather than writing them in the book on arrival.

WHATTON HOUSE IS NOT A MEMBER OF THE RHS

NATIONAL GARDEN SCHEME DAY SUNDAY 15 MAY 2022 | 10AM - 5PM

www.WHATTONHOUSE.co.uk

MICROMINERALS Liz Jarrom

Most people have heard that adequate intake of iodine is very important for healthy thyroid function. This is true, but not many food groups contain adequate amounts, and if these food groups are not consumed, it may be necessary to consider supplementation to ensure the body is receiving enough of this vital micronutrient.

The thyroid, which is an endocrine gland, is responsible for producing the thyroid hormones T4 and T3. T4 is made from a molecule of tyrosine, and four iodine molecules. T4 can then be converted to T3, which is a molecule of tyrosine, and three of iodine, Selenium and zinc are also required in the making of these hormones. The thyroid is responsible for regulating hormone balance, metabolism and the healthy functioning of the nervous system. Expectant mothers, the unborn child and young children can be especially vulnerable to thyroid problems, caused by iodine deficiency.

Optimum Iodine levels are vital for normal thyroid function, and deficiency can affect the normal development of body tissues, including nerves, bone, the reproductive system, hair, skin and nails, in the developing foetus, but children and adults, on restrictive, or poor diets, can also be affected. Iodine deficiency can also be a contributary factor in mental and cognitive problems. The thyroid converts iodine into iodolipids, a substance that may play a role in suppressing the development of cancer in the breast, and also fibrocystic breast disease. Iodine also acts as an antioxidant, and as such, can help to prevent oxidation of tissue in the brain. Adequate levels of iodine are also required to maintain normal prostate health and function. Iodine is a halogen, and belongs to the same chemical group as fluoride, which is present in toothpaste. Iodine and fluoride can compete for adsorption, as they have a

very similar chemical structure. Ensuring adequate intake of iodine, can protect against fluoride toxicity, if levels of fluoride in the body are a bit too high. It is important to note also, that excessive fluoride intake, can inhibit the thyroid glands ability to use iodine, so beware of using more fluoride toothpaste than is recommended, or this may affect iodine absorption. The richest natural sources of iodine are fish, shellfish and seaweed. Seaweed contains around 230 micrograms (mcg) per serving, which is more than the 150mcg daily recommended intake (RDI) for men and females that are not pregnant. Expectant mothers should aim for around 200-220mcg of iodine per day, but also to be careful not to exceed 500mcg per day. Cod is particularly high in iodine, and a 3 ounce, or 75 gram serving, contains around 158 mcg of iodine, which meets the RDI for most adults. Interestingly, research has shown that where the cod lives determines how much jodine it. contains. Cod caught in the Norwegian Sea has more iodine in its flesh than Atlantic cod from the North Sea. Pollock, which is a relative of cod, and lives in the North Pacific, near Alaska, provides about 67 mcg of iodine. Other fish, and shellfish, all contain modest amounts of iodine. A small glass of milk contains, on average, 85 mcg of iodine. Cheese per 100, grams will supply a more modest 37.5 mcg. A cup of yogurt will supply 116mcg of iodine, and 1 egg yoke contains 26mcg. Table salt is often iodized, but not always, so best to check the packaging, but if it is, consuming just half a teaspoon, will supply the average person's RDI of iodine. Sea salt, and Himalayan salt do not contain iodine.

If taking a supplement containing minerals, ensure that the amount of iodine contained in it is no more than 150 mcg, to stay within safe limits of iodine intake.



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Ballet Classes FOR CHILDREN AND ADULTS

LOCKINGTON VILLAGE HALL - SATURDAY From 8th January 2022

Young beginners, Primary and children's ballet classes up to Grade 4are held every Saturday Small classes to develop confidence and enjoyment through dance and storytelling styled movements.

Dance/Drama for older pupils. Enquire for class times and details.

NEW CLASS: SILVER SWANS BALLET FOR ADULTS

From 5th January 6.15
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> Website: Claudette Caven Dance Claudette Caven, AISTD, Advanced Cecchetti Ballet, Advanced Modern, Advanced Character 01509 672702 email claudettecavenhenrys@hotmail.co.uk

LONG WHATTON COMMUNITY ASSOCIATION

Would you like to get involved in village events?

After two years of not a lot happening the community association is looking for residents of Long Whatton who would like to contribute to the village's social life.

The association was created to organise and run village events. In the past we have held theatre and live music evenings and Open Garden weekends. You may remember the comedy nights that were part of the Leicester Comedy Festival, scarecrow competitions, the Queen's jubilee celebrations and so many more.

These events rely on the ideas of the members (if you live in Long Whatton you are automatically a member) and the commitment to organise them. We have several venues in the village that could be made much more use of, there is the Community Hall and playing field, the Friendship Centre or even the Cricket ground, not to mention all the almost traffic-free closes, where we could hold street parties or dances or ... So if you have an idea for an event or several, why not get involved in the association.

Your first step is to attend the AGM on Tuesday 15th March 2022 at 7.30pm in the Community Hall next to the school. You can nominate yourself to be a council member by filling in the nomination form and get it signed by two friends. This then gets you into all the organisation meetings. If you are feeling ambitious you could put your name forward to be on the management team, use the same form.

It's up to us to bring the social life back into the village, but if you don't get involved your event will not be held and that would be a shame for all of us.

At the AGM Council, Management Committee and Officers will be elected and nominations for either Council or Management must be sent to the Secretary or Chair on or before the 15th March 2022 on the slip below.

As a resident of Long Whatton you are automatically a member of the Community

Association and are entitled to come along to the Annual General Meeting and vote. Existing individual members of Management and Council need to complete a nomination form for reelection. Representatives of affiliated groups do not need to be nominated, but each affiliated group should send details of their representative. Further details can be obtained by telephoning the Chairman on 01509 646413.

Yours sincerely,

Mrs V Matravers, Chairman Chairman: Mrs V Matravers Vice Chairman: Mrs S Buzzard

Treasurer: Mr I Bagguley Secretary: Mrs. S. Walker

AGENDA

Apologies for absence 2. Minutes of the last AGM 3. Matters Arising 4. Chairman's Report 5. Presentation of Financial Report 6. Appointment of Hon. Auditors.
 Affiliation fees and charges 8. Election of Council Members 9. Election of Chairman,

Officers 10. Any other business

Main Street, Long Whatton

INDIVIDUAL NOMINATION
FOR COUNCIL/MANAGEMENT
REPRESENTITIVE* AND TRUSTEE of the
COMMUNITY ASSOCIATION
*Delete the inapplicable

11
Nominee
Address
Tel No
Proposed by
Seconded by
Signature of nominee
Date
Date of birth of nominee
Return to Silke Walker, 78 Main Street,
Long Whatton or Viv Matravers, Manor Farm,



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